

## The Junior League of Morristown, Inc.

The Junior League of Morristown, Inc. (JLM) is an organization of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

The JLM has been a collaborating partner with many organizations throughout the Morris and Somerset Counties for over 70 years. All JLM community endeavors demonstrate an outreach focus of improving the lives of women and children at risk. JLM fundraising efforts attempt to raise revenue as well as awareness to support our projects and initiatives.

Contact the Junior League of Morristown to learn more about our community projects, donor opportunities, and membership information.



*Making a difference in our  
communities...  
Offering companionship to brighten  
the lives of our neighbors...  
Enriching our own lives in return...*

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*The Junior League of Morristown,  
Inc. gratefully acknowledges the  
support received from the  
Alzheimer's Association of New*

*Jersey, Morris View Nursing  
Home, and the Visiting Nurse  
Association of Northern New  
Jersey.*



Adopt A Grandparent  
A signature program of  
the  
Junior League of  
Morristown, Inc.

*Helping Individuals and  
Families with Alzheimer's  
Disease.*

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## Adopt A Grandparent

The Adopt-A-Grandparent program ("AAG"), currently in its pilot year, is a program designed to enhance and enrich the lives of individuals with early stages of Alzheimer's disease and their families. The two-pronged program offers volunteers the ability to work on small teams that provide friendly visitation to individuals and caregivers in their homes or to work as part of a larger team of volunteers that visit with residents at Morris View nursing home in Morristown, NJ.

*The purpose of the program is to enhance and enrich the lives of individuals in the early stages of Alzheimer's disease by providing socialization and companionship visits from trained Junior League of Morristown volunteers.*



## AAG Program Goals

- Create a volunteer visitation and caregiver respite program to meet an unmet need in the community
- Provide compassion and companionship
- Provide socialization
- Offer caregiver support
- Create community awareness of the struggles individuals and families face when confronted with Alzheimer's disease
- Train volunteers specific to the needs of those with Alzheimer's disease



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Volunteer training provided by the Alzheimer's Association of Greater New Jersey.

## About Alzheimer's Disease

Alzheimer's is a disease of the brain that causes a steady decline in memory. This results in dementia - loss of intellectual functions (thinking, remembering and reasoning) severe enough to interfere with everyday life.

- An estimated 5.1 million Americans had Alzheimer's disease in 2007
- The number of people age 65 and over anticipated to have Alzheimer's disease in New Jersey in 2010 is 150,000
- Almost 10 million Americans are caring for a person with Alzheimer's disease or another dementia
- In 2005 in New Jersey an estimated 284,339 caregivers gave 245,441,241 unpaid hours of care valued at \$2,400,415,337
- Over 40 percent of caregivers report high levels of emotional stress

Alzheimer 's disease Facts and Figures 2007, Alzheimer's Association of America